

KEY: ■ Appropriate for young children

■ Appropriate for youth/adolescents

ADD/ADHD

Lobotomy

Addiction

Medical, General

Anxiety/Phobias

Medication

Asperger Syndrome/Autism

Meditation

Bipolar Disorder/Manic Depression

Mental Illness, General

Borderline Personality Disorder

Non-Profit Management

Brain Damage/Brain Injury

Nutrition

Cognitive Therapy, Affective Disorders

Obsessive-Compulsive Disorder

Compulsive Hoarding

Postpartum Depression

Creativity

Post-Traumatic Stress Disorder

Criminal Justice System

Psychiatry/Psychiatric

Depression

Care/Psychology/Psychoanalysis/Therapy

Disabilities

Schizophrenia

Discrimination

Seasonal Affective Disorder (SAD)

Eating Disorders

Self-Actualization

Electroconvulsive Therapy

Sexual Abuse

Explosive/Defiant Child

Social Work

Friendship

Special Needs

Heart Disease

Suicide

Learning Disabilities/Learning Problems

Lesbian Fiction

## **ADD/ADHD**

*The Family ADHD Solution: A Scientific Approach to Maximizing Your Child's Attention and Minimizing Parental Stress*

Bertin, Mark, MD

*ADHD & Teens: A Parent's Guide to Making it Through the Tough Years (Proven Techniques for Handling Emotional, Academic, and Behavioral Problems)*

Alexander-Roberts, Colleen

*Teenager's Guide to A.D.D.: Understanding and Treating Attention Deficit Disorders through the Teenage Years*

Amen, Antony J. and Sharon Johnson with Daniel G. Amen, M.D.

*Healing ADD: The Breakthrough Program that Allows You to See and Heal the 6 Types of ADD*

Amen, M.D., Daniel G.

*Teenagers with ADD: A Parent's Guide*

Dendy, M.S., Chris A. Zeigler

*Teaching the Tiger: A Handbook for Individuals Involved in the Education of Students with Attention Deficit Disorders, Tourette Syndrome or Obsessive-Compulsive Disorder*

Dornbush, Ph.D., Marilyn P. and Sheryl K. Pruitt, M.Ed.

*Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood*

Hallowell, M.D., Edward M. and John J. Ratey, M.D.

**2 Copies**

*Survival Strategies for Parenting Your ADD Child: Dealing with Obsessions, Compulsions, Depression, Explosive Behavior and Rage*

Lynn, George T.

*Give Your ADD Teen a Chance: A Guide for Parents of Teenagers with Attention Deficit Disorder*

Weiss, Ph.D., Lynn

## **Addiction**

*When the Bough Breaks: Mending the Family Tree (The hope-filled story of one family's struggle with addiction)*

Nilsen, Mary Ylvisaker

*Under Your Own Power: A Guide to Recovery for Nonbelievers...and the Ones Who Love Them*

Rogers, Ronald L. and McMillin, Chandler Scott

## **Anxiety/Phobias**

*The Anxiety and Phobia Workbook: Simple, concise, step-by-step directions for mastery of: Relaxation • Exercise • Coping with Panic • Real-Life Desensitization • Overcoming Negative Self-Talk • Changing Mistaken Beliefs • Visualization • Expressing Feelings • Assertiveness • Self-Esteem • Nutrition • Medication*

Bourne, Ph.D., Edmund J.

**2 Copies**

*No More Anxiety*

McMahon, Gladeana

## **Asperger Syndrome/Autism**

*Developing Talents: Careers for Individuals with Asperger Syndrome and High-Functioning Autism*

Grandin, Temple and Kate Duffy

*How to Find Work That Works for People with Asperger Syndrome: The Ultimate Guide for Getting People with Asperger Syndrome into the Workplace (and Keeping Them There)*

Hawkins, Gail

*The Autism Revolution: Whole-Body Strategies for Making Life All It Can Be*

Herbert, MD, PhD, Martha with Karen Weintraub

*Growing Up on the Spectrum: A Guide to Life, Love, and Learning for Teens and Young Adults with Autism and Asperger's*

Koegel, Ph.D. , Lynn Kern and Claire LaZebnik

*The Partner's Guide to Asperger Syndrome*

Moreno, Susan, Marci Wheeler and Kealah Parkinson

*A Parent's Guide to Asperger Syndrome & High-Functioning Autism: How to Meet the Challenges and Help Your Child Thrive*

Ozonoff, Ph.D., Sally, Geraldine Dawson, Ph.D. and James McPartland, Ph.D.

*Look Me In the Eye: My Life with Asperger's*

Robison, John Elder

*Nobody Nowhere: The Extraordinary Autobiography of an Autistic*

Williams, Donna

## **Bipolar Disorder/Manic Depression**

*100 Questions and Answers about Bipolar (Manic-Depressive Disorder)*

Albrecht, M.D., Ava T. and Charles Herrick, M.D.

## **Bipolar Disorder/Manic Depression...continued**

*Overcoming Bipolar Disorder: A Comprehensive Workbook for Managing Your Symptoms and Achieving Your Life Goals*

Bauer, MD, Mark S. et al.

*Break the Bipolar Cycle: A Day-By-Day Guide to Living with Bipolar Disorder*

Brondolo, Ph.D., Elizabeth and Xavier Amador, Ph.D.

*72 Hour Hold: A Novel*

Campbell, Bebe Moore

*A Brilliant Madness: Living with Manic-Depressive Illness*

Duke, Patty and Gloria Hochman

*Living with Bipolar Disorder: A Guide for Patients and their Families*

Eli Lilly and Company

*Bipolar Happens! 35 Tips to Manage Bipolar Disorder Successfully*

Fast, Julie A.

*The Health Cards System for Bipolar Disorder: A Revolutionary 3-Step Program for the Management of Bipolar Disorder*

Fast, Julie A.

*Loving Someone with Bipolar Disorder: Understanding and Helping Your Partner*

Fast, Julie A. and John D. Preston, Psy.D

*Take Charge of Bipolar Disorder: a 4-Step Plan for You and Your Loved Ones to Manage the Illness and Create Lasting Stability*

Fast, Julie A. and John Preston, PsyD

*Bipolar Disorder for Dummies: Understand Manic-Depressive Illness and Discover the Latest Treatment Options*

Find, M.D., Candida

*Manic-Depressive Illness*

Goodwin, Frederick K. and Kay Redfield Jamison

*Madness: A Bipolar Life*

Hornbacher, Marya

*Touched with Fire: Manic-Depressive Illness and the Artistic Temperament*

Jamison, Kay Redfield

## **Bipolar Disorder/Manic Depression...continued**

*Perfect Chaos: A Daughter's Journey to Survive Bipolar, a Mother's Struggle to Save Her*

Johnson, Linea and Cinda Johnson

*When Someone You Love is Bipolar: Help and Support for You and Your Partner*

Last, Ph.D., Cynthia G.

*Survival Strategies for Parenting Children with Bipolar Disorder: Innovative Parenting and Counseling Techniques for Helping Children with Bipolar Disorder and the Conditions that May Occur with It.*

Lynn, M.A., M.P.A., C.M.H.C., George T.

### ■ *Matt the Moody Hermit Crab (Bipolar) Ages 4-7*

McGee, Caroline C.

*The Bipolar Disorder Survival Guide: What You and Your Family Need to Know*

Miklowitz, PhD, David J.

*The Bipolar Teen: What You Can Do to Help Your Child and Your Family*

Miklowitz, PhD, David J. and Elizabeth L. George, PhD

*The Dollmaker's Daughters (Manic Depression)*

Padgett, Abigail

*The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder*

Papolos, M.D., Demetri and Janice Papolos

**2 Copies**

### ■ *Bipolar Disorder Grades 5-8*

Peacock, Judith

*The Medical Treatment of Bipolar Disorder: Everything You Need to Know Before and After You're Prescribed Bipolar Disorder Medications*

Preston, Psy.D., ABPP, John

*An Unquiet Mind: A Memoir of Moods and Madness*

Redfield Jamison, Kay

*Blessed to Be Bonkers*

Rist, James A.

*Detour: My Bipolar Road Trip in 4-D*

Simon, Lizzie

**2 Copies**

## **Bipolar Disorder/Manic Depression...continued**

*His Bright Light: The Story of Nick Traina (Bipolar, Manic Depression, Suicide)*

Steel, Danielle

*Bipolar Disorder: Treatment & Management*

Suppes, M.D., Ph.D., Trisha and Paul E. Keck Jr., M.D.

*Surviving Manic Depression: A Manual on Bipolar Disorder for Patients, Families, and Providers*

Torrey, M.D., E. Fuller and Michael B. Knable, D.O.

**2 Copies**

## **Borderline Personality Disorder**

*I Hate You – Don't Leave Me: Violent Mood Swings...Chronic Depression...Self-Destructive Tendencies*

Kreisman, M.D., Jerold J. and Hal Straus

*Stop Walking on Eggshells: Taking Your Life Back When Someone You Care About has Borderline Personality Disorder*

Mason, M.S., Paul T. and Randi Kreger

*Borderline Personality Disorder: New Reasons for Hope*

Mondimore, M.D., Francis Mark and Patrick Kelly, M.D.

*The Angry Heart: Overcoming Borderline and Addictive Disorders*

Santoro, Ph.D., Joseph

*Hope for Parents: Helping Your Borderline Son or Daughter without Sacrificing Your Family or Yourself*

Winkler, Kathleen and Randi Kreger

## **Brain Damage/Brain Injury**

*Sexual Difficulties after Traumatic Brain Injury and Ways to Deal with It*

Aloni, Ph.D., Ronit and Shlomo Katz, Ph.D.

*My Stroke of Insight: A Brain Scientist's Personal Journey (Stroke)*

Taylor, Ph.D., Bill Bolte

## **Cognitive Therapy, Affective Disorders**

*Mind over Mood: Change How You Feel by Changing the Way You Think*

Greenberger, Ph.D., Dennis and Christine A. Padesky, Ph.D.

## **Cognitive Therapy, Affective Disorders...continued**

*Thoughts and Feelings: Taking Control of Your Moods and Your Life (A Workbook of Cognitive Behavioral Techniques for Relaxation, Worry Control, Coping with Panic, Ending Depression, Getting Mobilized, Stopping Unwanted Thoughts, Changing Your Habits, Overcoming Phobias, Problem Solving, Changing Limited Thinking, Stress Inoculation, Testing Core Beliefs, Controlling Anger and Healing Your Past)*

McKay, Ph.D., Matthew, Martha Davis, Ph.D. and Patrick Fanning

## **Compulsive Hoarding**

*Dirty Secret: A Daughter Comes Clean About Her Mother's Compulsive Hoarding*

Sholl, Jessie

## **Creativity**

*How Much Joy Can You Stand?: How to Push Past Your Fears and Create Your Dreams*

Falter-Barns, Suzanne

## **Criminal Justice System**

*Crazy in America: The Hidden Tragedy of Our Criminalized Mentally Ill*

Pfeiffer, Mary Beth

**2 Copies**

*Working with Young People in Secure Accommodation (Offending Young People)*

Rose, Jim

## **Depression**

*Feeling Good...The New Mood Therapy: The Clinically Proven Drug-Free Treatment for Depression*

Burns, M.D., David D.

*The Depression Workbook: A Guide for Living with Depression and Manic Depression*

Copeland, M.S., M.A., Mary Ellen

*Out of the Black Hole: The Patient's Guide to Vagus Nerve Stimulation and Depression*

Donovan, III, Charles E.

*Balanced: The Art of Living with Depression*

Eli Lilly and Company

**3 Copies**

*When Someone You Love is Depressed: How to Help Your Loved One Without Losing Yourself*

Epstein Rosen, Ph.D., Laura and Xavier Francisco Amador, Ph.D.

## **Depression...continued**

*Moodswing: The Eminent Psychiatrist Who Pioneered the Use of Lithium in America Reveals a REvolutionaary New Way to Prevent Depression*

Fieve, M.D., Ronald R.

■ *Depression is the Pits, But I'm Getting Better: A Guide for Adolescents*

Garland, M.D., E. Jane

*In the Shadow of God's Wings: Grace in the Midst of Depression*

Gregg-Schroeder, Susan

■ *Ups and Downs: How to Beat the Blues and Teen Depression*

Klebanoff, Ph.D., Susan and Ellen Luborsky, Ph.D.

*Why Am I Crying?: A Helpful and Honest Look at Depression*

Maughon, Martha

*How You Can Survive When They're Depressed: Living and Coping with Depression Fallout*

Sheffield, Anne

*The 10 Best-Ever Depression Management Techniques: Understanding How Your Brain Makes You Depressed and What You Can Do To Change It*

Wehrenberg, Margaret

## **Disabilities**

*Until Tuesday: A Wounded Warrior and the Golden Retriever Who Saved Him (Service Dogs)*

Montalvan, Fmr. Captain, Luis Carlos with Bret Witter

*Tuesday Tucks Me In: The Loyal Bond Between a Soldier and His Service Dog*

Montalvan, Fmr. Captain, Luis Carlos with Bret Witter

*Disability and the Family: A Guide to Decisions for Adulthood*

Turnbull III, H. Rutherford, Ann P. Turnbull, G.J. Bronicki, Jean Ann Summers, Constance Roeder-Gordon

## **Discrimination**

*Filing an ADA Employment Discrimination Charge: "Making It Work for You"*

Center for Mental Health Services



## **Discrimination...continued**

*Hollow Promises: Employment Discrimination Against People with Mental Disabilities*

Stefan, Susan

## **Eating Disorders**

*Wasted: A Memoir of Anorexia and Bulimia*

Hornbacher, Marya

**2 Copies**

## **Electroconvulsive Therapy**

*Shock: The Healing Power of Electroconvulsive Therapy*

Dukakis, Kitty and Larry Tye

**3 Copies**

## **Explosive/Defiant Child**

*The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children*

Greene, PhD, Ross W.

*Treating Explosive Kids: The Collaborative Problem-Solving Approach*

Green, PhD, Ross W. and J. Stuart Ablon

*Parenting Your Out-of-Control Child: An Effective, Easy-to-Use Program for Teaching Self-Control (Step-by-step help for overcoming: temper tantrums, arguing and defiance, bed and bath-time resistance, problems getting ready in the morning, and homework issues) Help for Parents of 5 to 10 Year Olds*

Kapalka, Ph.D., ABPP, George M.

*The Kazdin Method for Parenting the Defiant Child: With No Pills, No Therapy, No Contest of Wills*

Kazdin, Ph.D., Alan E.

## **Friendship**

*The Healing Power of Friends*

Compeer

## **Heart Disease**

*Thriving with Heart Disease: A Unique Program for You and Your Family*

Sotile, Ph.D., Wayne M. with Robin Cantor-Cooke

## **Heart Disease...continued**

*Heart Disease: Environment, Stress and Gender*

Weidner, Gerdi, Maria S. Kopp and Margareta Kristenson

## **Learning Disabilities/Learning Problems**

*Educational Care: A System for Understanding and Helping Children with Learning Differences at Home and in School*

Levine, Dr. Mel

## **Lesbian Fiction**

*Your Loving Arms*

Bikis, Gwendolyn

## **Lobotomy**

*My Lobotomy: A Memoir*

Dully, Howard and Charles Fleming

## **Medical, General**

*Disposition of Toxic Drugs and Chemicals in Man*

Baselt, Randall C.

## **Medication**

*The Essential Guide to Psychiatric Drugs*

Gorman, M.D., Jack M.

*Listening to Prozac: A Psychiatrist Explores Antidepressant Drugs and the Remaking of the Self*

Kramer, Peter D.

## **Meditation**

*The Relaxation Response*

Benson, M.D., Herbert

## **Mental Illness, General**

*Discovering Recovery: Mental Illness as a Journey*

Abraham, Dylan (The Poems and Essays of)

## **Mental Illness, General...continued**

*I Am Not Sick...I Don't Need Help! : How to Help Someone with Mental Illness Accept Treatment*

Amador, Xavier

**2 Copies**

*Change Your Brain...Change Your Life: The Breakthrough Program for Conquering Anxiety, Depression, Obsessiveness, Anger, and Impulsiveness*

Amen, M.D., Daniel G.

*Brave New Brain: Conquering Mental Illness in the Era of the Genome*

Andreasen, M.D., Ph.D., Nancy C.

**2 Copies**

*Nothing to Hide: Mental Illness in the Family*

Beard, Jean J. and Peggy Gillespie (Interviews by)

**2 copies**

*The Caring Family: Living with Chronic Mental Illness*

Bernheim, Kayla F., Richard R.J. Lewine, and Caroline T. Beale

*Working with Families of the Mentally Ill*

Bernheim, Kayla F. and Anthony F. Lehman

*Replanting Lives Uprooted by Mental Illness: A Practical Guide for Families*

Boucher, Nancy Pizzo

■ *Sometimes My Mommy Gets Angry (Mental Illness) Ages 5-8*

Campbell, Bebe Moore

*Helping Someone with Mental Illness: A Compassionate Guide for Family, Friends, and Caregivers*

Carter, Rosalynn with Susan K. Golant

**2 Copies**

*Sounds from the Bell Jar: Ten Psychotic Authors*

Claridge, Gordan, Ruth Pryor and Gwen Watkins

*Resilience: Two Sisters and a Story of Mental Illness*

Close, Jessie with Pete Earley

*Crazy: A Father's Search through America's Mental Health Madness*

Earley, Pete

**2 Copies**

*Tips for Talking with Health Care Professionals: Everything You Need to Know to Talk to Your Doctors with Confidence*

Fast, Julie A.

## Mental Illness, General...continued

*Dove Song*

Franklin, Kristine L.

### ■ *The Amazing Brain: Neurological Disorders*

Goldsmith, Connie

*Hartland to Capitol Hill: The Journey of a Wounded Healer*

Gunderson, Mary

### ■ *The Face at the Window (Mental Illness) Ages 5-8*

Hanson, Regina

*Surviving Mental Illness: Stress, Coping, and Adaptation*

Hatfield, Agnes B. and Harriet P. Lefley

*Hidden Victims: An Eight-Stage Healing Process for Families and Friends of the Mentally Ill*

Johnson, MSW, ACSW, Julie Tallard

**3 Copies**

*The Burden of Sympathy: How Families Cope with Mental Illness*

Karp, David A.

*Girl, Interrupted (Mental Health/Psychiatric Hospitals)*

Kaysen, Susanna

*The Soloist: A Lost Dream, an Unlikely Friendship, and the Redemptive Power of Music (Mental Breakdown, Homelessness)*

Lopez, Steve

**2 Copies**

*Redressing the Emperor: Improving Our Children's Public Mental Health System*

Lyons, John S.

**2 Copies**

*How to Cope with Mental Illness in Your Family: A Self-Care Guide for Siblings, Offspring, and Parents*

Marsh, Ph.D., Diane T. and Rex Dickens

*Journey Toward Freedom: How to Stop Walking Around in Shackles and Start Being Free and Alive*

McKean, Jason

*Voices in the Rain: Meaning in Psychosis (A Memoir)*

Murphy, Marcia A.

**3 Copies**

## **Mental Illness, General...***continued*

*A Beautiful Mind: The Life of Mathematical Genius and Nobel Laureate John Nash*

Nasar, Sylvia

**2 Copies**

*This Crazy Mental Health Business: How the Mental Health System is Failing in its Assigned Task of Providing Effective Treatment for Persons with Serious and Persistent Mental Illness*

O'Brien, Gerald

**5 Copies**

*The Man Who Mistook His Wife for a Hat and Other Clinical Tales*

Sacks, Oliver

**2 Copies**

*The Why of Me*

Schiltz, Dianne Marie

■ *Stop Pretending: What Happened When My Big Sister Went Crazy Ages 12+*

Sones, Sonya

*The Insanity Offense: How America's Failure to Treat the Seriously Mentally Ill Endangers Its Citizens (Deinstitutionalization)*

Torrey, E. Fuller

**3 Copies**

*The Invisible Plague: The Rise of Mental Illness from 1750 to the Present*

Torrey, M.D., E. Fuller and Judy Miller

*Nowhere to Go: The Tragic Odyssey of the Homeless Mentally Ill*

Torrey, M.D., E. Fuller

*Out of the Shadows: Confronting America's Mental Illness Crisis*

Torrey, M.D., E. Fuller

*Families in Pain: Children, Siblings, Spouses, and Parents of the Mentally Ill Speak Out*

Vine, Phyllis

*Media Madness: Public Images of Mental Illness*

Wahl, Ph.D., Otto F.

*At the Front Lines of Medicine: How the Health Care System Alienates Doctors and Mistreats Patients...and What We Can Do About It.*

Waitzkin, Howard

## **Mental Illness, General...continued**

*Supported Education for People with Psychiatric Disabilities: A Practical Manual*

Wells-Moran, Jolyn and Deanne Gilmur

*Behind the Wall: The True Story of Mental Illness As Told By Parents*

Widdifield, Mary and Elin Widdifield, MA

*When Someone You Love has a Mental Illness: A Handbook for Family, Friends, and Caregivers*

Woolis, M.F.C.C., Rebecca

## **Non-Profit Management**

*The Jossey-Bass Handbook of Nonprofit Leadership and Management*

Rentz, David O. & Associates

## **Nutrition**

*Dietary Risk Assessment in the WIC Program*

Institute of Medicine

## **Obsessive-Compulsive Disorder**

*Freeing Your Child from Obsessive-Compulsive Disorder: A Powerful, Practical Program for Parents of Children and Adolescents (Step-by-step guidelines to...Break the cycle of debilitating rituals...Empower your child to take back control...Maximize your child's recovery, whether on or off medication...and Make sense of confusing symptoms)*

Chansky, Ph.D., Tamar E.

*S.T.O.P. Obsessing! How to Overcome Your Obsessions and Compulsions*

Foa, Ph.D., Edna B. and Reid Wilson, Ph.D.

*Kissing Doorknobs*

Hesser, Terry Spencer

*What to do When Your Child has Obsessive-Compulsive Disorder: Strategies and Solutions for Parents*

Wagner, Ph.D., Aureen Pinto

## **Postpartum Depression**

*Sherry Smiles – My New Name: Escaping from Mother's Demons*

Cassandra Niles

## **Post-Traumatic Stress Disorder**

*The Good Soldiers*

Finkel, David

*Coming Home: What to Expect, How to Deal When You Return from Combat*

Jacobson, Sid

**3 Copies**

## **Psychiatry/Psychiatric Care/Psychology/Psychoanalysis/Therapy**

*Quality Indicators: Defining and Measuring Quality in Psychiatric Care for Adults and Children*

American Psychiatric Association

*American Psychiatric Glossary*

American Psychiatric Press, Inc.

## **Psychiatry/Psychiatric Care/Psychology/Psychoanalysis/Therapy...continued**

*The Broken Brain: The Biological Revolution in Psychiatry*

Andreasen, M.D., Ph.D., Nancy C.

*How Therapists Diagnose: Seeing Through the Psychiatric Eye*

Hamstra, M.D., Bruce

*Exuberance: The Passion for Life*

Jamison, Kay Redfield

*The Consumer's Guide to Psychotherapy: The Authoritative Guide for Making Informed Choices About All Types of Psychotherapy*

Engler, Ph.D., Jack and Goleman, Ph.D., Daniel

*Therapies with Women in Transition: Toward Relational Perspectives with Today's Women*

Sanville, Ph.D., Jean Bovard and Ellen Bassin Ruderman, Ph.D.

*Beyond Therapy, Beyond Science: A New Model for Healing the Whole Person*

Schaef, Anne Wilson

*Computational Developmental Psychology*

Shultz, Thomas R.

# Schizophrenia

*Can Schizophrenia Be Localized in the Brain?*

Andreasen, M.D., Ph.D., Nancy C. (Edited by)

*Nothing to Hide: Schizophrenia in the Family*

Beard, Jean J. and Peggy Gillespie (Interviews by)

■ *Edward the "Crazy Man" (Schizophrenia/Homelessness) Ages 4-7*

Day, Marie

*Sentenced to Life: The Mark Becker Story*

Becker, Joan

*Ash*

Faustino, Lisa Rowe

*Schizophrenia Revealed: From Neurons to Social Interactions*

Green, Michael Foster

*After Her Brain Broke: Helping My Daughter Recover Her Sanity*

Inman, Susan

■ *Anna and the Cat Lady (Paranoid Schizophrenia) Ages 8-11*

Joose, Barbara M.

*Understanding Schizophrenia: A Guide to the New Research on Causes and Treatment*

Keefe, Richard S.E. and Philip D. Harvey

*Almost Normal (Schizophrenia)*

Kolsrud, Ann

**2 Copies**

*I Know This Much is True (FICTION)*

Lamb, Wally

*Coping with Schizophrenia: A Guide for Families*

Mueser, Ph.D., Kim T. and Susan Gingerich, M.S.W.

*The Center Cannot Hold (Memoir of Living with Schizophrenia)*

Saks, Elyn R.



## **Schizophrenia ...continued**

*The Day the Voices Stopped: A Memoir of Madness and Hope*

Steele, Ken and Claire Berman

*Schizophrenia and Manic-Depressive Disorder: The Biological Roots of Mental Illness as Revealed by the Landmark Study of Identical Twins*

Torrey, M.D., E. Fuller, Ann E. Bowler, M.S., Edward H. Taylor, Ph.D. and Irving I Gottesman, Ph.D.

*Surviving Schizophrenia: A Manual for Families, Consumers, and Providers*

Torrey, M.D., E. Fuller

**2 Copies**

*The Eden Express: A Memoir of Insanity (Schizophrenia)*

Vonnegut, Mark

*Divided Minds: Twin Sisters and Their Journey Through Schizophrenia*

Wagner, Pamela Spiro rd Carolyn S. Spiro, M.D.

*Strength for His People: A Ministry for Families of the Mentally Ill*

Waterhouse, Th.M., D.Min., Steven

*Conquering Schizophrenia: A Father, His Son, and a Medical Breakthrough*

Wyden, Peter

## **Seasonal Affective Disorder (SAD)**

*Winter Blues: Everything You Need to Know to Beat Seasonal Affective Disorder*

Rosenthal, MD, Norman E.

## **Self-Actualization**

*Positive Solitude: A Practical Program for Mastering Loneliness and Achieving Self-Fulfillment*

André, Ph.D., Rae

*Happiness is a Choice*

Kaufman, Barry Neil

## **Sexual Abuse**

*The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse*

Bass, Ellen and Laura Davis

## **Social Work**

*Social Work with Volunteers*

Sherr, Michael E.

## **Special Needs**

*Adopting the Hurt Child: Hope for Families with Special-Needs Kids*

Keck, Ph.D., Gregory C. and Regina M. Kupecky, LSW

*Parenting the Hurt Child: Helping Adoptive Families Heal and Grow*

Keck, Ph.D., Gregory C. and Regina M. Kupecky, LSW

## **Suicide**

*Sanity & Grace: A Journey of Suicide, Survival, and Strength*

Collins, Judy

*No Time to Say Goodbye: Surviving the Suicide of a Loved One*

Fine, Carla

*Night Falls Fast: Understanding Suicide*

Jamison, Kay Redfield

*Touched by Suicide: Hope and Healing After Loss*

Myers, M.D., Michael F. and Carla Fine

*National Strategy for Suicide Prevention: Goals and Objectives for Action*

U.S. Department of Health and Human Services